

Tyler Renshaw helps schools direct mental-wellness resources

02/01/2022

Directing mental-wellness resources in schools

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Dr. Tyler Renshaw is an assistant professor in the School Psychology Program at Utah State University. His team screens students to help schools understand how to direct resources. In this episode, Renshaw describes the process of working with teachers to find and respond to the specific needs of their classroom. Renshaw also talks about skills and resources he provides different students to help them better cope with their struggles.

Quotes from episode

“I want more kids and more families to have better lives.”

“We can figure out which teachers might need more consultation support to help improve the engagement of their students or reduce the amount of off-task behavior that’s happening in the class, or to support kids who are struggling emotionally.”

“I wish that teachers were provided with the skills they needed in their pre-service training to help support students’ emotional and behavioral success, beyond, just like, ‘How do I teach math?’” Renshaw said. “So many of them have a disappointing, frustrating experience as a teacher, and it leads to burnout.”