

# Facing Our Fear of Imperfection Through Figural Art

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# About Me

- Senior
- Art & Design Department
- Utah figurative artist
- Hometown: South Jordan
- Post grad plans: Continue developing this body of work and teach high school art in the greater Phoenix area

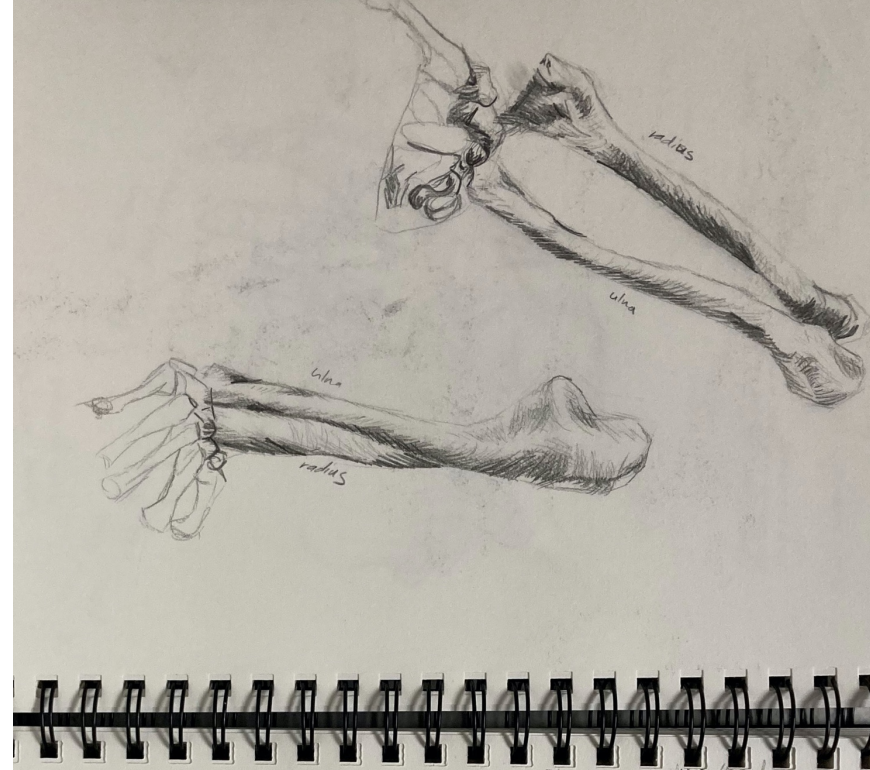
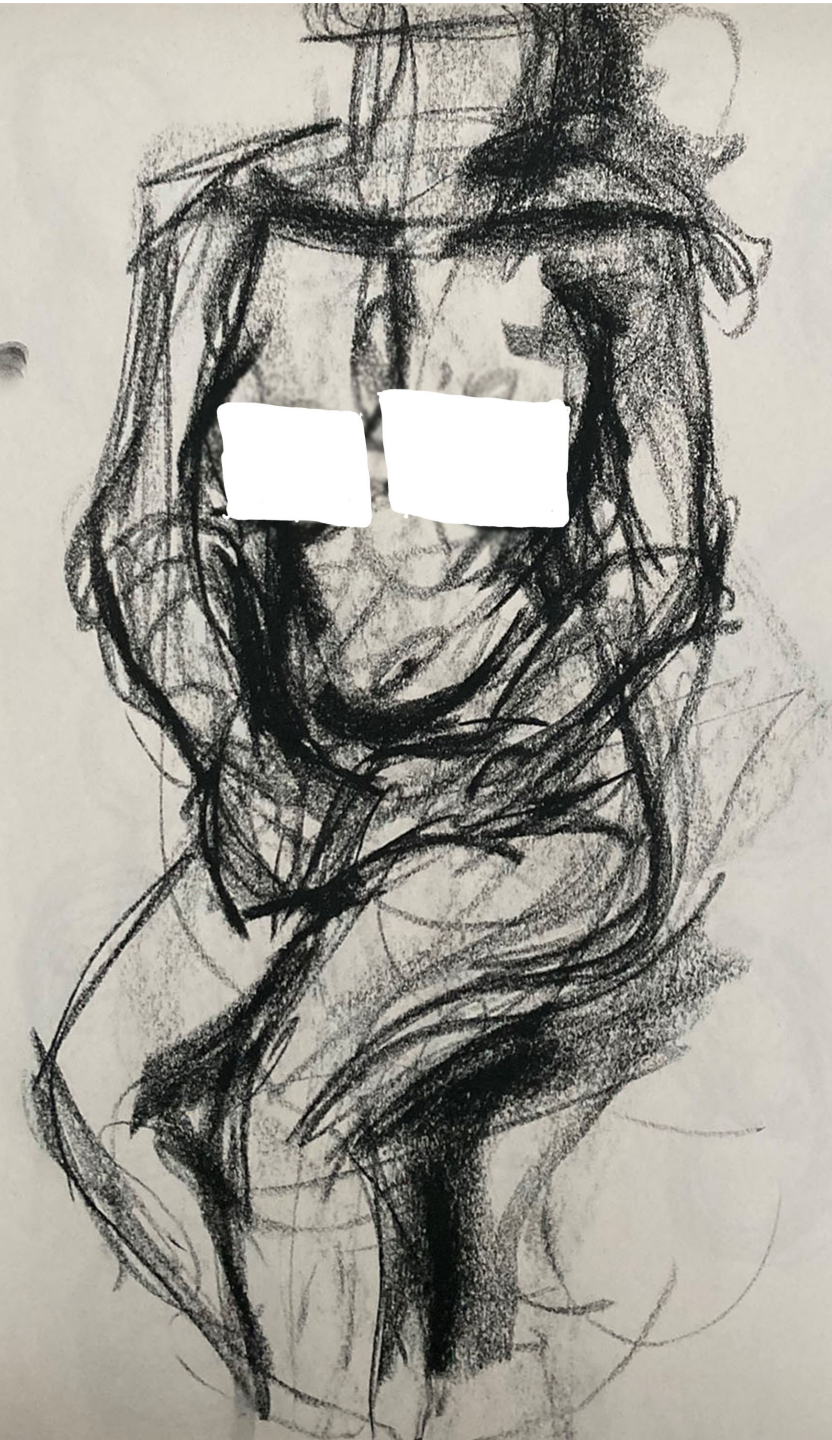
# How I Got Started

- Research is an intrinsic part of the creative process. Artists constantly researching materials, techniques and concepts.
- This project was motivated by the desire to challenge harmful social expectations

# My Project

- *Atelophobia*: the fear of inadequacy and imperfection
- Unrealistic images found in media and social norms cause us to question our value
- Using non-narrative approach to create art of the body encouraging viewers to explore how that art impacts them







## My Results

- My project is ongoing. I have plans to create at least 5 more pieces within this project. After my project is complete, I will exhibit it to a public audience. A survey will be used to measure its impact.

# Impact on Utah

- Utah has an incredibly high rate of mental illness and suicide
- Some are related to a fear of inadequacy
- We should foster an environment that challenges our reaction to imperfection
- Visual outlets can help us achieve that

# My Research Experience

- Researching has pushed me to reach results far better than first anticipated
- Applying research and analyzing progress has helped create more powerful art